



Alabama Department of Senior Services

Personal Choices Program

Alabama's Option for Self-Directed Home and Community-Based Services

What is *Personal Choices*?

Personal Choices is a new Medicaid program that allows participants in two of Alabama's Home and Community-Based Waivers to use the "Cash and Counseling" model for receiving their services. It offers consumers more choice, flexibility, and control in managing their daily lives by allowing them to decide:

- Who provides their care,
- When the care is needed,
- What help they need, and
- How much responsibility they want.

Who is eligible to apply?

To be eligible for *Personal Choices*, an individual must:

- Be currently enrolled in either the E&D (Elderly and Disabled) or SAIL (State of Alabama Independent Living) waivers and meet the medical and financial requirements for participation in those waivers.
- Reside in any of the following seven counties – Bibb, Fayette, Greene, Hale, Lamar, Pickens and Tuscaloosa.

When does it begin?

Personal Choices will begin August 1, 2007.

How do I find out more information?

You can find out more information by contacting the West Alabama Regional Commission's Area Agency on Aging at 1-800-432-5030 or 1-205-333-2990.